

PRAY TOGETHER.

Purpose

We are devoting these Sundays to prayer and fasting because we are desperate and hungry for God to do what we cannot do in our lives, family, church and world.

Praying During the Day

In preparation for our prayer nights, use the guide below to lead you through your prayer while you fast during the day.

Definitions

Praying is talking to God. It's that simple!

Fasting is abstaining from food to devote that time to pray because your spiritual hunger is greater than your desire to eat food.

A.C.T.S

During your prayer time, use this acronym to guide you through prayer.

ADORATION

Bragging about God to God.

Praise God for His character*

Good: God is what is best.

Faithful: God always does what He says He will do.

Provider: God meets the needs of His children.

Merciful: God does not give His children the punishment they deserve.

Generous: God gives what is best.

Example

God, you are _____. I have seen your _____ in Scripture when you _____.
God, I have seen your _____ in my life when you _____. God, I worship you
because you are _____.

CONFESSION

Acknowledging my sin to God and asking for His forgiveness.

"If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness." 1 John 1:9

Characteristics of God*

Attentive: God hears and responds to the prayers of His children.

Deliverer: God rescues His children.

Holy: God is completely perfect and separate from sin.

Merciful: God does not give His children the punishment they deserve.

Example

God, you are _____. I have seen your _____ in Scripture when you _____.
God, I have seen your _____ in my life when you _____. God, I confess
_____ to you because you are _____.

THANKSGIVING

Telling God all things I am grateful for (His character and provision).

Characteristics of God*

Generous: God gives what is best.

Provider: God meets the needs of His children.

Good: God is what is best.

Glorious: God shows His greatness and worth.

Example

God, you are _____. I have seen your _____ in Scripture when you _____.
God, I have seen your _____ in my life when you _____. I thank you for
_____.

SUPPLICATION

Asking God to do what I cannot do on my own.

Characteristics of God*

Attentive: God hears and responds to the prayers of His children.

Compassionate: God sees, cares and acts when His children are in need.

Refuge: God is a place of safety and protection for His children.

Provider: God meets the needs of His children.

Almighty: Nothing is too hard for God.

Faithful: God always does what He says He will do.

Example

God, you are _____. I have seen your _____ in Scripture when you _____.
God, I have seen your _____ in my life when you did this _____. God, I ask you to
do _____ because you are _____.

**Source of Characteristic Definitions: The Village Church, Flower Mound, Texas*